

COMMUNITY TENNIS VOLUNTEER WORKSHOP



PRESENTED BY TENNIS ALBERTA & TENNIS EDMONTON

Date: Saturday April 10, 2010

Location: Saville Sports Centre, Edmonton

Registration: 8:30 AM

Actual Workshop Hours: 9 AM to 4 PM

Participants are asked to arrive no later than 8:45 so we can get started on time.

Cost: \$50.00 (includes pre-workshop coffee/snack, workshop, lunch and handout)

(Community group rate available)

Who Should Take This Workshop:

- Community Leaders & Representatives,
- Juniors & Parents interested in Coaching beginners Community Tennis,
- Junior Players looking for tennis employment,
- Parks & Recreation Site Community Leaders,
- Club Tennis Coaches,
- Volunteers Assisting in Coaching of Children or Adults
- Volunteers Running Community Play Opportunities or Tournaments,
- Teachers Interested in School Tennis Programs.

Course Outline:

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| 8:30am | Meet and Greet Coffee & Registration |
| 9am – 9:20am: | Course Introduction (Classroom) |
| 9:20am - 10:00am: | Progressive Tennis (On Court) |
| 10:00 – 12:00pm: | Assisting Participants in Learning to Quickly Play (On Court) |
| 12pm – 1:00pm | Catered Lunch with course related discussion. |
| 1pm – 2:30pm: | Community Team Tennis (On Court) |
| 2:30pm – 3:45pm | Fun Tournament Formats (On Court) |
| 3:45 – 4:00pm: | Wrap-up and Finish CTV Workshop Feedback Forms etc. (Classroom) |
| Handout of 2010 Tennis Alberta's & Tennis Edmonton Community Initiatives Information, Websites, Information about where to obtain equipment and what equipment is available. | |

TO REGISTER CONTACT:

Tennis Alberta
Email : info@tennisalberta.com
Phone: 780 415 1661

For More Information Contact:

Doug Rault, President Tennis Edmonton
Email: tennisedmonton@gmail.com
Phone: 780 430 7855 or 780 289 5008

Community Tennis Volunteer Course Objectives

The purpose of the course is *to provide an easily accessible (location, time, cost) course that provides volunteers with the basic knowledge to effectively assist with the organization and implementation of entry level tennis programs.*

Specifically, the course will focus on:

1. Understanding the role of the Community Tennis Volunteer (CTV)
2. Understanding how the CTV can assist in getting participants to rapidly progress to the play stage through:
 - a. Using the scaled approach of Progressive Tennis (PT)
 - b. Developing the basic tactic of consistently outrallying ones opponent
 - c. Developing the most common strokes used in tennis
 - d. Developing some basic technical fundamentals
 - e. Developing some basic ball control abilities
 - f. Knowing some basic warm-up drills that can be used as part of a practice to improve the players playing ability
3. Understanding how the CTV can assist in organizing playing/competitive formats which are fun, flexible and non threatening for participants, including:
 - a. Community Team Tennis
 - b. Tournaments: round robins, flight, compass
4. Learn about local Edmonton Tennis contacts, activities and websites and playing opportunities.

We supply all the equipment, including rackets, balls, and nets. There will be some classroom work so a note pad will come in handy. There will also be handouts.

Participants must come prepared to play tennis. Non-marking shoes, shorts with pockets and standard court attire.

The Facilitator(s)

The Facilitator(s) (Adrian Court & Ryan Schroffel) are Nationally and Provincially Certified Coaches who are familiar with all levels of tennis as coaches and players but specifically trained in delivering this material.

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